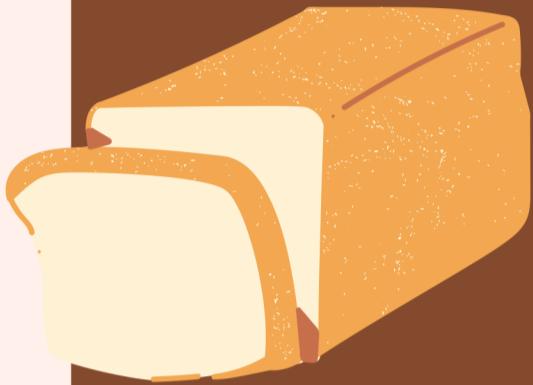
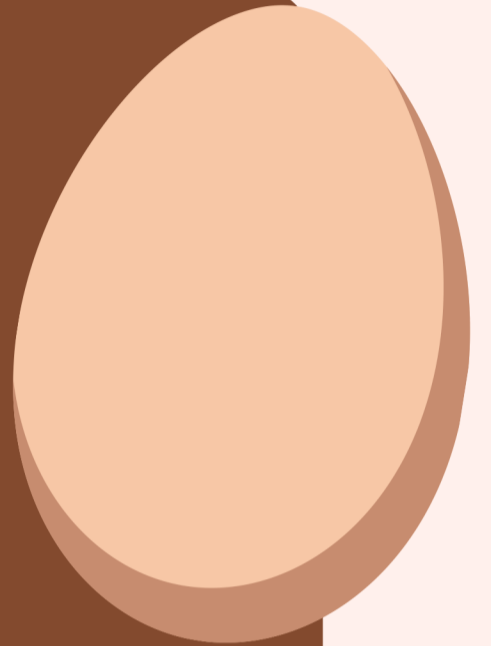


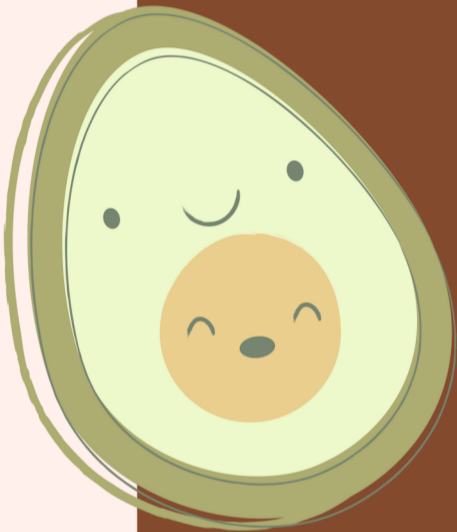
# BEST FOOD TO FREEZE



STOCKS  
YOGURT  
CREAM  
HERBS  
EGGS



PUMPKIN PUREE  
PESTO



TOMATO PASTE  
LEMON JUICE  
PASTA SAUCE



BEANS  
SHREDDED CHEESE



AVOCADOS

BREAD

MASHED POTATOS

COOKED PASTA

COOKED RICE



MILK

BUTTER

CAKE

