

# PantryStaples

#### **Baking**

- Active Dry Yeast
- All Purpose Flour
- Baking Soda
- Brown Sugar
- Cocoa Powder
- Condensed Milk
- Cornstarch
- Extract (Vanilla / Almond)
- Food Coloring
- Sugar (Powdered / Granulated)
- Pancake Mix
- Vegetable Shortening

### **Pantry**

- Broth
- Beans
- Broth (Vegetable / Chicken)
- Canned Meat (Tuna / Salmon / Chicken)
- Canned Tomatoes (Diced / Stewed / Roasted)
- Canned Vegetables (Corn / Peas / Carrots)
- Canned Fruit
- Canned Soup (Tomato / Cream of Mushroom)
- Coconut Milk
- Honey / Maple Syrup
- Pasta Sauce (Tomato / Alfredo)
- Tomato Paste

#### **Condiments**

- A1
- Barbecue Sauce
- Hot Sauce
- Jelly / Jam
- Ketchup
- Mayo
- Mustard (Dijon / Yellow)
- Pickles
- Salad Dressings
- Soy Sauce
- Worcestershire Sauce

## **Cooking Liquids**

- Apple Cider Vinegar
- Balsamic Vinegar
- Extra Virgin Olive Oil
- Red Wine Vinegar
- Rice Vinegar
- Sesame Oil
- Vegetable Oil
- White Wine VinegarWhite Vinegar

- Herbs & Spices
  - Basil
  - Black Pepper
  - Dill
  - Italian Seasoning
  - Oregano
  - Red Pepper Flakes
  - Rosemary
  - Sea Salt
  - Sesame Seeds
  - Thyme

- Allspice
- Cajun Seasoning
- Cayenne Pepper
- Chili Powder
- Cinnamon
- Cumin
- Curry Powder
- Garlic Powder
- Ground Ginger
- Nutmeg
- Onion Powder
- Paprika

